

RESOLUTION NO. 13723

RESOLUTION OF THE CITY COUNCIL OF THE CITY OF BUENA PARK, CALIFORNIA, SETTING FORTH THE CITY OF BUENA PARK'S COMMITMENT TO OBESITY PREVENTION AND ADOPTING PRINCIPLES TO PROMOTE THE "HEALTHY EATING ACTIVE LIVING (HEAL) CITIES CAMPAIGN"

WHEREAS, in 2004, the League of California Cities adopted an Annual Conference resolution to encourage cities to embrace policies that facilitate activities to promote healthier lifestyles and communities, including healthy diet and nutrition and adoption of city design and planning principles that enable cities of all ages and abilities to undertake exercise; and

WHEREAS, the League of California Cities has a strategic goal to promote and develop safe and healthy cities; and

WHEREAS, in July 2010, the League of California Board of Directors resolved to partner with and support the national *Let's Move Campaign*, and encourages California cities to adopt preventative measures to fight obesity; and

WHEREAS, on September 23, 2014, the City Council adopted Resolution No. 13126 adopting a Let's Move Campaign for Buena Park

WHEREAS, more than half of California's adults are overweight or obese and therefore at risk for many chronic conditions including diabetes, heart disease, cancer, arthritis, stroke, and hypertension; and

WHEREAS, one in four youth between the ages of 9 and 16 in California is overweight; and

WHEREAS, more children are being diagnosed with diseases linked to overweight and obesity previously only seen in adults, such as Type 2 diabetes and heart disease; and

WHEREAS, the current generation of children are expected to have shorter lives than their parents due to the consequences of obesity; and

WHEREAS, only 49% of Buena Park 5th graders are in the Healthy Fitness Zone according to the 2016 California Department of Education Physical Fitnessgram Test Scores; and

WHEREAS, by supporting the health of residents and the local workforce would decrease chronic disease and health care costs and increase productivity; and

WHEREAS, the City is actively engaging the community in the FIT committee program: and

WHEREAS, through the Buena Park General Plan 2035 process a Vision Statement was developed and ultimately adopted by the City Council on December 7, 2010; and

WHEREAS, the Community Vision includes commitments to, among other things:

- A Healthy Community. Buena Park encourages a healthy community through the provision of well-maintained parks and recreational facilities and open space areas that are located throughout the City and used by people of all ages. Cultural and fine arts are valued and encouraged. Excellent schools and community programs provide a sanctuary for our youth to grow in a supportive environment.
- A Community of Strong Neighborhoods. Buena Park provides housing that is attainable and affordable for people of all income levels, life stages, and abilities. Our neighborhoods provide a variety of housing types, including higher-density, pedestrian, and transit-oriented housing at key locations in the community.

WHEREAS, Buena Park has embraced the Move More, Eat Healthy Buena Park Campaign to engage all Buena Park residents and organizations to embrace wellness.

NOW, THEREFORE, THE CITY COUNCIL OF THE CITY OF BUENA PARK does hereby determine, find, and resolve that obesity is a serious public health threat to the health and well-being of adults, children, and families in Buena Park. While individual lifestyle changes are necessary, individual effort alone is insufficient to combat obesity's rising tide. Significant societal and environmental changes are needed to support individual efforts to make healthier choices. To that end, Buena Park adopts this Healthy Eating Active Living resolution:

I. Built Environment

BE IT FURTHER RESOLVED that Buena Park planners, engineers, Community Services Department, and Community Development employees responsible for the design and construction of parks, neighborhoods, streets, and business areas, should make every effort to:

- Prioritize capital improvement projects to increase the opportunities for physical activity in existing areas;
- Plan and construct a built environment that encourages walking, biking, and other forms of physical activity;
- Increase opportunities for access to healthy foods whenever possible, including prioritizing healthy food retail in compact, mixed-use and transit-oriented development;
- Expand community access to indoor and outdoor public facilities through joint use agreements and update current joint use policies between the City and school districts and/or other partners;
- Comply with the City's Complete Streets Policy adopted on August 22, 2017;
- Move forward with the City Council's direction to promote an Art in Public places policy to increase the amount of original artwork in parks and other public spaces in the community;
- Require developers to include a park or usable space for physical activity and creation or pay a park-in-lieu fee, as a condition for all new development;
- Continue to provide a Community Garden where families can cultivate their own produce;

- Promote the City's Farmers Market so residents can provide healthy fresh foods to their families;
- Provide fitness stations at City Parks to encourage residents to become more active;
- Seek additional funding to expand the newly completed walking path within the Southern California Edison right-of-way to provide residents with additional opportunities to walk or bike;
- Encourage the development of new grocery stores, community gardens, mobile markets, and farmer's markets in underserved areas of the community to increase access to healthy food, including fresh fruits and vegetables;

II. Employee Wellness and Healthy Food Access

BE IT FURTHER RESOLVED that in order to promote wellness within Buena Park, and to set an example for other businesses, Buena Park pledges to adopt and encourage employee wellness by:

- Accommodating breastfeeding employees upon their return to work;
- Hosting an annual Employee Health Fair with multiple vendors performing various health screenings and providing information;
- Offering an on-site congregate meal program providing 200 nutritious and healthy meals to older adults each week;
- Providing an on-site employee gym that allows the employees to become more physically fit;
- Exploring healthy food options at employee meetings, events, and safety seminars;
- Developing an employee wellness committee that promotes health, fitness, and wellness;
- Making water the standard beverage option at all City events, sponsored meetings, and City programs;
- Ensuring that free and appealing water is readily available in municipally-owned buildings and parks;

III. Implementation

The City of Buena Park will to the extent practical and feasible incorporate the recommendations contained in this resolution into the implementation of the policies and actions of the Buena Park General Plan 2035 and the programs presented to the community.

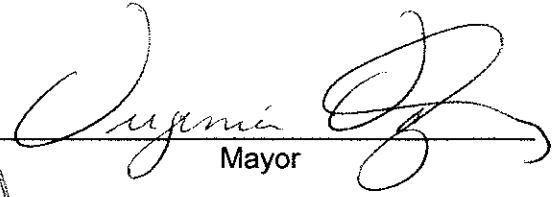
PASSED AND ADOPTED this 12th day of December 2017, by the following called vote:

AYES: COUNCILMEMBERS: Berry, Smith, Brown, Swift, Vaughn

NOES: COUNCILMEMBERS: None

ABSENT: COUNCILMEMBERS: None

ABSTAIN: COUNCILMEMBERS: None



Mayor



ATTEST:



City Clerk

I, Adria M. Jimenez, MMC, City Clerk of the City of Buena Park, California, hereby certify that the foregoing resolution was duly and regularly passed and adopted at a regular meeting of the City Council of the City of Buena Park, held this 12th day of December, 2017.



City Clerk