



RESOLUTION OF COMMENDATION

WHEREAS, in 2004, the League of California Cities adopted an Annual Conference resolution to encourage cities to embrace policies that facilitate activities to promote healthier lifestyles and communities, including healthy diet and nutrition and adoption of city design and planning principles that enable citizens of all ages and abilities to undertake exercise; and

WHEREAS, in 2010 the League of California Cities Board of Directors resolved to partner with and support the national *Let's Move Campaign*, and encourages California cities to adopt preventative measures to fight obesity with the strategic goal to promote and develop safe and healthy cities; and

WHEREAS, more children are being diagnosed with diseases previously seen only in adults, such as Type 2 diabetes, heart disease, and one in four youth between the ages of 9 and 16 in California is overweight or obese; and

WHEREAS, more than half of California's adults are overweight or obese and therefore at risk for many chronic conditions including diabetes, heart disease, cancer, arthritis, stroke, and, hypertension; and

WHEREAS, obesity takes a tremendous toll on the health and productivity of all Californians with the annual cost to the state—in medical bills, workers compensation and lost productivity— for overweight, obesity, and physical inactivity exceeds \$41billion.

NOW, THEREFORE, BE IT RESOLVED, that the City of Fresno does hereby recognize that obesity is a serious threat to the wellbeing of adults, children and families in Fresno. The City of Fresno commits to do all it can to decrease the rate of obesity in our community and implement necessary policies to create healthier work, school, and neighborhood environments. To achieve these goals, Fresno adopts this Healthy Eating Active Living resolution and should make every effort to:

- ◆ Encourage projects that increase the opportunities for physical activity in existing areas;
- ◆ Address walking and biking connectivity between residential neighborhoods, schools, parks, recreational resources, and retail;
- ◆ Expand community access to indoor and outdoor public facilities via joint use agreements with schools and other partners;
- ◆ Facilitate the siting of new grocery stores, community gardens and farmers markets in underserved communities to increase access to healthy food, including fresh fruits and vegetables;
- ◆ Encourage development opportunities providing access to healthy foods and beverages wherever and whenever possible, including prioritizing healthy food retail and hydration stations in compact, mixed-use and transit-oriented development policies, proposals and projects;
- ◆ Include health goals and policies related to access to healthy food in the general plan update;
- ◆ Provide incentives for development project proposals to increase access to healthy foods by residents and employees;
- ◆ Examine racial, ethnic, and socio-economic disparities in access to healthy foods and physical activity opportunities as well as work to remedy these inequities;
- ◆ Promote wellness among City of Fresno employees through support of employee health incentives, healthy eating and physical activity, and accommodation of breastfeeding employees upon their return to work.

IN WITNESS WHEREOF,
We have hereunto set our hands and affixed the
Seal of the City of Fresno, California,
this 5th day of November 2015.

ASHLEY SWEARENGIN, Honorable Mayor

ESMERALDA SORIA, Councilmember District 1

STEVE BRANDAU, Councilmember District 2

OLIVER L. BAINES, III, Council President

PAUL CAPRIOGLIO, Council Vice President

SAL QUINTERO, Councilmember District 5

LEE BRAND, Councilmember District 6

CLINT OLIVIER, Councilmember District 7