

**BEFORE THE CITY COUNCIL OF THE CITY OF LAFAYETTE
IN THE MATTER OF:**

Support of the Healthy Eating Active Living Cities Campaign) Resolution No. 2011-42

WHEREAS, in 2004, the League of California Cities adopted an Annual Conference resolution to encourage cities to embrace policies that facilitate activities to promote healthier lifestyles and communities, including healthy diet and nutrition and adoption of city design and planning principles that enable citizens of all ages and abilities to undertake exercise; and

WHEREAS, the League of California Cities has a strategic goal to promote and develop safe and healthy cities; and

WHEREAS, in July 2010 the League of California Board of Directors resolved to partner with and support the national *Let's Move Campaign*, and encourages California cities to adopt preventative measures to fight obesity; and

WHEREAS, more than half of California's adults are overweight or obese and therefore at risk for many chronic conditions including diabetes, heart disease, cancer, arthritis, stroke, and, hypertension; and

WHEREAS, one in four youth between the ages of 9 and 16 in California is overweight; and

WHEREAS, more children are being diagnosed with diseases linked to overweight and obesity previously seen only in adults, such as Type 2 diabetes and heart disease; and

WHEREAS, the current generation of children are expected to have shorter lives than their parents due to the consequences of obesity; and

WHEREAS, obesity takes a tremendous toll on the health, productivity of all Californians; and

WHEREAS, the annual cost to California—in medical bills, workers compensation and lost productivity—for overweight, obesity, and physical inactivity exceeds \$41 billion; and

WHEREAS, teens and adults who consume one or more sodas or sugar sweetened beverages per day are more likely to be overweight or obese; and

WHEREAS, California Senate Bill 375 and Assembly Bill 32 call on cities to adopt plans to reduce greenhouse emissions which include reducing vehicular miles traveled by promoting walking and biking; and

WHEREAS, the City adopted its Environmental Strategy to help the community become an environmentally sustainable community is one that improves and enhances its natural, social and economic resources in ways that allow current and future members of the community to lead healthy, productive and satisfying lives; and

WHEREAS, the Lafayette General Plan includes land use and circulation goals, policies, and programs that support housing the downtown near services and transportation and encourage pedestrian and bicycle facilities and transit improvements; and

WHEREAS, the City adopted the following in support of a healthy and active community: Master Walkways Plan; Bikeways Master Plan; Trails Master Plan; and Parks and Recreation Facilities Master Plan; and

WHEREAS, the City has an ongoing and comprehensive recreation program for its residents of all ages, a program that is used by hundreds of participants each quarter; and

WHEREAS, the City has supported local food efforts, including a downtown Farmers Market and a Community Garden; and

WHEREAS, the City has a wellness program for its employees; and

WHEREAS, these programs and policies that promote active living and healthy eating contribute to building a sustainable community.

NOW THEREFORE, BE IT RESOLVED, that the City of Lafayette City Council hereby recognizes that obesity is a serious public health threat to the health and wellbeing of adults, children and families in California.

BE IT FURTHER RESOLVED that the City of Lafayette City Council will continue to support programs and policies for its residents and employees that promote community and workplace wellness.

PASSED AND ADOPTED by the City Council of the City of Lafayette on December 12, 2011.

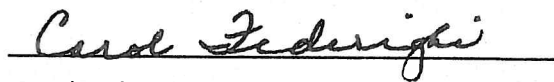
AYES: Federighi, M. Anderson, B. Andersson, Anduri and Tatzin

NOES: None

ABSENT: None


ABSTAIN: None

APPROVED:



Carol Federighi, Mayor

ATTEST:


Joanne Robbins, City Clerk