

RESOLUTION NO. 6052

A RESOLUTION OF THE CITY COUNCIL OF THE CITY OF WOODLAND IN SUPPORT OF THE HEALTHY EATING ACTIVE LIVING CITIES CAMPAIGN

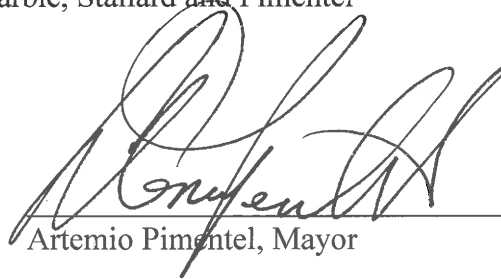
- WHEREAS, in 2004, the League of California Cities adopted an Annual Conference Resolution to encourage Cities to embrace policies that facilitate activities to promote healthier lifestyles and communities, including healthy diet and nutrition and adoption of City design and planning principles that enable citizens of all ages and abilities to undertake exercise; and,
- WHEREAS, the League of California Cities has a strategic goal to promote and develop safe and healthy Cities; and,
- WHEREAS, in July 2010 the League of California Board of Directors resolved to partner with and support the national *Let's Move Campaign*, and encourages California cities to adopt preventative measures to fight obesity; and
- WHEREAS, on November 18, 2011, the League of CA Cities Board of Directors unanimously voted to encourage 100% board participation in the HEAL Cities Campaign; and
- WHEREAS, more than half of California's adults are overweight or obese and therefore at risk for many chronic conditions including diabetes, heart disease, cancer, arthritis, stroke, and, hypertension; and
- WHEREAS, more children are being diagnosed with diseases linked to overweight and obesity previously seen only in adults, such as Type 2 diabetes and heart disease; and
- WHEREAS, the current generation of children are expected to have shorter lives than their parents due to the consequences of obesity; and
- WHEREAS, obesity takes a tremendous toll on the health, productivity of all Californians; and,
- WHEREAS, the annual cost to California—in medical bills, workers compensation and lost productivity— for overweight, obesity, and physical inactivity exceeds \$41 billion; and,
- WHEREAS, teens and adults who consume one or more sodas or sugar sweetened beverages per day are more likely to be overweight or obese;
- WHEREAS, local land use policy governs development of the built environment in which individuals make personal nutrition and physical activity choices; and
- WHEREAS, by supporting the health of residents and the local workforce would decrease chronic disease and health care costs and increase productivity.

NOW, THEREFORE, LET IT BE RESOLVED that the City Council hereby recognized that obesity is a serious public health threat to the health and wellbeing of adults, children and families in Woodland. While individual lifestyle changes are necessary, individual effort alone is insufficient to combat obesity's rising tide. Significant societal and environmental changes are needed to support individual efforts to make healthier choices. To that end, Woodland adopts this Healthy Eating Active Living resolution:

BE IT FURTHER RESOLVED that City Departments, City Council Members and the City Manager work cooperatively with school officials, county officials, hospitals, the Chamber of Commerce and other interested parties to increase the health of Woodland's citizens.

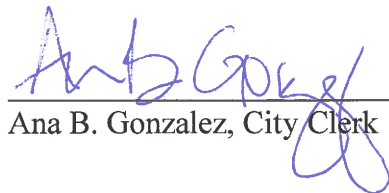
PASSED AND ADOPTED by the City Council this 20th day of March 2012, by the following vote:

AYES: Council Members Davies, Dote, Marble, Stallard and Pimentel
NOES: None
ABSENT: None
ABSTAIN: None



Artemio Pimentel, Mayor

ATTEST:



Ana B. Gonzalez, City Clerk

APPROVED AS TO FORM:



Andrew J. Morris, City Attorney