

RESOLUTION NO. 14-03

**A RESOLUTION OF THE CITY COUNCIL OF THE CITY OF HOLTVILLE,
CALIFORNIA IN SUPPORT OF THE SAFE ROUTES TO SCHOOLS PROGRAMS**

WHEREAS, the City of Holtville supports policies and programs that focus on health, wellbeing and healthier community environments; and

WHEREAS, the City of Holtville finds the prevention of diseases, promotion of health and safety of children to be one of the primary concerns to the citizens of Holtville; and

WHEREAS, a 2010 study by California Food Policy Advocates, concluded that 74.2% of the Adults in Imperial County are overweight or obese and that 18.9% of children are overweight or obese; and

WHEREAS, a 2010 study by the University of California Los Angeles Center for Health Policy Research and California Center for Public Health Advocacy, concluded that students in grades fifth, seventh, and ninth from the cities of Brawley (50%), Calexico(47.6%) and El Centro(45.8%) were overweight and obese; and

WHEREAS, the Center for Disease Control and Prevention mentions that obese children leading to harmful effects such as high blood pressure, high cholesterol, increased risk of type 2 diabetes, breathing problems, fatty liver disease and other social and psychological problems; and

WHEREAS, those who consume sugary drinks regularly—1 to 2 cans a day or more—have a 26% greater risk of developing type 2 diabetes than people who rarely have such drinks and high intake of soda and other sugar-sweetened beverages increases the risk of obesity; and

WHEREAS, the City of Holtville will support the access to drinking water and decrease the access of sugar-sweetened beverages; and

WHEREAS, the lack of physical activity plays a leading role in the rising rates of obesity diabetes, and other health problems among children (and adults); and

WHEREAS, being able to walk or bicycles to school along safe routes offers an opportunity to build healthful physical into daily routines, so that children can arrive at school ready to learn; and

WHEREAS, the City of Holtville will support Rethink Your Drink and Safe Routes to School Programs, as these provide valuable tools to build on healthy habits;

NOW, THEREFORE, BE IT RESOLVED THAT THE CITY COUNCIL OF THE CITY OF HOLTVILLE, CALIFORNIA supports the County of Imperial Public Health Department Safe Routes to Schools Program.

PASSED AND ADOPTED at a regular meeting of the City Council of the City of Holtville, California held on the 13th day of January, 2014.

CITY OF HOLTVILLE


David Bradshaw, Mayor

ATTEST:


Glyn Snyder, City Clerk

I, Glyn Snyder, City Clerk of the City of Holtville, California, do hereby certify that the foregoing Resolution No. 14-03 was duly and regularly adopted at a regular meeting of the City Council of the City of Holtville, California, held on the 13th day of January, 2014, by the following vote:

AYES: Goodsell, Predmore, Ward, Layton, Bradshaw

NOES: None

ABSENT: None

ABSTAIN: None



Glyn Snyder, City Clerk