

RESOLUTION NO. 2013-19

A RESOLUTION OF THE CITY COUNCIL OF THE CITY OF ORLAND
SETTING FORTH THE CITY OF ORLAND'S COMMITMENT TO A
HEALTHY EATING ACTIVE LIVING CITY (HEAL)

WHEREAS, in 2004, the League of California Cities adopted an Annual Conference resolution to encourage cities to embrace policies that facilitate activities to promote healthier lifestyles and communities, including healthy diet and nutrition and adoption of city design and planning principles that enable citizens of all ages and abilities to undertake exercise; and

WHEREAS, the League of California Cities has a strategic goal to promote and develop safe and healthy cities; and

WHEREAS, in July 2010 the League of California Board of Directors resolved to partner with and support the national *Let's Move Campaign*, and encourages California cities to adopt preventative measures to fight obesity; and

WHEREAS, on November 18, 2011, the League of CA Cities Board of Directors unanimously voted to encourage 100% board participation in the HEAL Cities Campaign; and

WHEREAS, more than half of California's adults are overweight or obese and therefore at risk for many chronic conditions including diabetes, heart disease, cancer, arthritis, stroke, and, hypertension; and

WHEREAS, one in three youth between the ages of 9 and 16 in California is overweight or obese; and

WHEREAS, more children are being diagnosed with diseases linked to overweight and obesity previously seen only in adults, such as Type 2 diabetes and heart disease; and

WHEREAS, the current generation of children are expected to have shorter lives than their parents due to the consequences of obesity; and

WHEREAS, obesity takes a tremendous toll on the health, productivity of all Californians;

WHEREAS, the annual cost to California—in medical bills, workers compensation and lost productivity— for overweight, obesity, and physical inactivity exceeds \$50 billion;

WHEREAS, as of today (Aug 21, 2013) 152 California Cities have joined the HEAL Cities Campaign with resolutions, supporting the League of CA Cities,

NOW, THEREFORE, LET IT BE RESOLVED that the City Council of the City of Orland hereby supports City participation with the Healthy Eating Active Living (HEAL) Cities Campaign and will seek opportunities to participate statewide, regional, and local programs and activities to continue support in our citizens' health and wellness.


ADOPTED, September 3, 2013, by the City Council of the City of Orland by the following vote:

AYES: Councilmembers Paschall, Edwards, Roundy, Vice Mayor Hoffman and Mayor Gee

NOES: None

ABSENT: None

ABSTAIN: None



Charles Gee, Mayor

ATTEST:



Angela Crook, City Clerk