

**RESOLUTION NO. 2012-1340**

**A RESOLUTION OF THE CITY COUNCIL OF THE CITY OF CALABASAS, DECLARING THE CITY OF CALABASAS TO BE A HEALTHY EATING ACTIVE LIVING CITY**

Section One. WHEREAS, the City Council finds the following facts to be evident:

- A. In 2004, the League of California Cities adopted an Annual Conference resolution encouraging cities to embrace policies that facilitate activities to promote healthier lifestyles and communities, including healthy diet and nutrition and adoption of city design and planning principles that enable citizens of all ages and abilities to undertake exercise;
- B. In July 2010 the League of California Cities Board of Directors resolved to partner with and support the national *Let's Move Campaign*, and encouraged California cities to adopt preventative measures to fight obesity;
- C. On November 18, 2011, the League of California Cities Board of Directors unanimously voted to encourage 100% Board participation in the Healthy Eating Active Living (HEAL) Cities campaign;
- D. More than one-half of all adults in the State of California are overweight or obese and therefore are at risk for many chronic conditions including diabetes, heart disease, cancer, arthritis, stroke, and, hypertension;
- E. One in four youth between the ages of 9 and 16 in California and nearly one in three youth in the County of Los Angeles is overweight;
- F. Due to the consequences of obesity, more children are being diagnosed with diseases linked to overweight and obesity previously seen only in adults, such as Type 2 diabetes and heart disease, and are expected to have shorter lives than their parents;
- G. Obesity takes a tremendous toll on the health, productivity of all Californians, such that the annual cost to California—in medical bills, workers compensation and lost productivity— for overweight, obesity, and physical inactivity exceeds \$41 billion;

H. Supporting the health of residents and the local workforce can decrease chronic disease and health care costs and increase productivity; and,

Section Two. WHEREAS, over the years the City of Calabasas has instituted a wide range of policies, programs, capital facility projects, and initiatives to promote healthy lifestyle choices and opportunities for the adult and youth populations in the City, including, but not limited to, the following:

- A. Developed land use and development policies within the 2030 General Plan, including the Land Use Element, Circulation Element and Community Design Element, which encourage compact walkable urban nodes in close proximity to transit and connecting to the city's bike and pedestrian travel systems;
- B. Adopted an anti-secondhand smoke ordinance and conducted associated promotional campaigns in an effort to reduce exposure of community adults and youth to secondhand smoke;
- C. Developed, maintain and operate twelve park & recreation facilities citywide, with playgrounds, ball fields, and sports facilities that are open to the public;
- D. Established joint-use agreements with the Las Virgenes Unified School District to promote youth and adult recreation programs and activities on school district facilities during non-school hours;
- E. Constructed and maintain more than 18 miles of bike lanes and more than 23 miles of recreation trails benefitting cyclists, hikers, horseback riders, and mountain bikers;
- F. Adopted a *Green Buildings Ordinance* to promote development projects having clean indoor air environments, reduced carbon footprints, and enhanced multi-modal transportation opportunities;
- G. Conduct an annual *Bike-to-Work Week* program to promote cycling as a viable alternative mode of transportation to and from the workplace;
- H. Collaborate with the Los Angeles County Sheriff to conduct enforcement 'sting' operations several times annually to ensure compliance by local retailers with laws prohibiting the sale of tobacco products to minors;
- I. Conduct a *Farmers Market* every weekend, year-round, to promote purchase and consumption of organic fresh fruits, vegetables, fish & meat, and other healthy foods;
- J. Provide fitness memberships at city facilities for full-time staff; and,

Section Three. WHEREAS, most of the fifty-five home owner associations, apartment and mobile home park communities in the city provide for the benefit of their member households fitness facilities, which commonly include indoor gymnasiums, tennis courts, swimming pools, and recreation trails; and,

Section Four. WHEREAS, youth in the City of Calabasas have benefitted from a healthy lifestyle consciousness and commitment by their own families, and they have also benefitted from the fitness and healthy lifestyle facilities, programs, policies, and opportunities offered through the City, the local school district, and their respective homeowner associations, as outlined in Sections Two and Three, above, such that the 12% rate of overweight youth in Calabasas falls significantly below the County average;

Now, therefore, the City Council of the City of Calabasas hereby concludes and resolves as follows:

- A. Obesity is a serious threat to the health and wellbeing of adults, children and families in the City of Calabasas; and that while individual lifestyle changes are necessary, individual efforts alone are insufficient to combat obesity's rising tide, and significant societal and environmental changes are needed to support individual efforts to make healthy choices.
- B. To that end, the City of Calabasas City Council hereby adopts this resolution declaring the City of Calabasas to be a *Healthy Eating Active Living* city.
- C. City of Calabasas commissions and staff will strive to continue the long-standing Calabasas tradition of fostering healthy lifestyle choices and activities for the City's adult and youth populations through the design of future parks, neighborhoods, streets, and business areas in a manner consistent with the policies of the 2030 General Plan, the Bicycle Master Plan, the Trails Master Plan, the Parks Master Plan; and,
- D. The City of Calabasas will continue to honor its commitments to the policies, programs, capital facility projects, and initiatives outlined in Section Two of this resolution to continue promoting healthy lifestyle choices and opportunities for the adult and youth populations.

The City Clerk shall certify to the adoption of this resolution and shall cause the same to be processed in the manner required by law.

**PASSED, APPROVED AND ADOPTED** this \_\_\_\_th day of August, 2012.

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Mary Sue Maurer, Mayor

ATTEST:

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Maricela Hernandez, City Clerk

APPROVED AS TO FORM:

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Scott Howard, Assistant City Attorney