

## RESOLUTION NO. 1877

### A RESOLUTION OF THE CITY COUNCIL OF THE CITY OF SCOTTS VALLEY SETTING FORTH THE COMMITMENT TO OBESITY PREVENTION

**WHEREAS**, in 2004, the League of California Cities adopted an Annual Conference resolution to encourage cities to embrace policies that facilitate activities to promote healthier lifestyles and communities, including healthy diet and nutrition and adoption of city design and planning principles that enable citizens of all ages and abilities to undertake exercise; and

**WHEREAS**, the League of California Cities has a strategic goal to promote and develop safe and healthy cities; and

**WHEREAS**, in July 2010 the League of California Cities Board of Directors resolved to partner with and support the national *Let's Move Campaign*, and encourages California cities to adopt preventative measures to fight obesity; and

**WHEREAS**, on November 18, 2011, the League of California Cities Board of Directors unanimously voted to encourage 100% board participation in the HEAL Cities Campaign; and

**WHEREAS**, more than half of California's adults are overweight or obese and therefore at risk for many chronic conditions including diabetes, heart disease, cancer, arthritis, stroke, and, hypertension; and

**WHEREAS**, one in four youth between the ages of 9 and 16 in California is overweight; for example in Santa Cruz there were 24.1% overweight children out of 2,069 students in grades of 5<sup>th</sup>, 7<sup>th</sup>, and 9<sup>th</sup> grades; and

**WHEREAS**, more children are being diagnosed with diseases linked to overweight and obesity previously seen only in adults, such as Type 2 diabetes and heart disease; and

**WHEREAS**, the current generation of children are expected to have shorter lives than their parents due to the consequences of obesity; and

**WHEREAS**, obesity takes a tremendous toll on the health, productivity of all Californians; and

**WHEREAS**, the annual cost to California in medical bills, workers compensation and lost productivity— for overweight, obesity, and physical inactivity exceeds \$41billion;

**WHEREAS**, teens and adults who consume one or more sodas or sugar sweetened beverages per day are more likely to be overweight or obese; and

**WHEREAS**, by supporting the health of residents and the local workforce would decrease chronic disease and health care costs and increase productivity.

**NOW, THEREFORE, LET IT BE RESOLVED** that the City Council hereby recognizes that obesity is a serious public health threat to the health and wellbeing of adults, children and families in the City of Scotts Valley. To that end, the City of Scotts Valley adopts this Healthy Eating Active Living resolution to support individual efforts to make healthier choices.

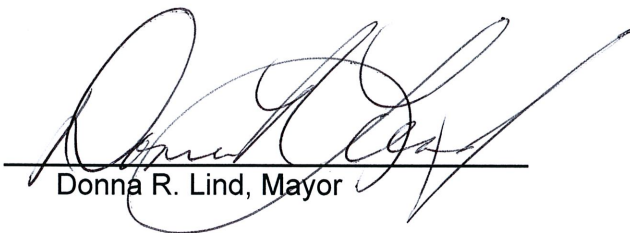
This Resolution was duly and regularly adopted and passed by the City Council of the City of Scotts Valley, California, at a regular meeting thereof held on the 1<sup>st</sup> day of August, 2012 by the following vote:

AYES: AGUILAR, BUSTICHI, LIND, REED

NOES: NONE

ABSENT: JOHNSON

ABSTAIN: NONE

APPROVED   
Donna R. Lind, Mayor

ATTEST:   
Tracy A. Ferrara, City Clerk