

RESOLUTION NO. 2012-057

A RESOLUTION OF THE CITY COUNCIL OF THE CITY OF ONTARIO, CALIFORNIA, SUPPORTING THE HEALTHY EATING, ACTIVE LIVING (HEAL) CITIES CAMPAIGN AND STRENGTHENING THE CITY'S COMMITMENT TO PROMOTING HEALTHY EATING, ACTIVE LIVING LIFESTYLES THROUGHOUT THE COMMUNITY OF ONTARIO IN AN EFFORT TO PREVENT OBESITY.

WHEREAS, in 2004, the League of California Cities adopted an Annual Conference resolution to encourage cities to embrace policies that facilitate activities to promote healthier lifestyles and communities, including healthy diet and nutrition, and adoption of city design and planning principles that enable citizens of all ages and abilities to undertake exercise; and

WHEREAS, Healthy Eating, Active Living (HEAL) Cities Campaign, supported by the League of California Cities, focuses on promoting effective policies and practices that support healthy lifestyles; and

WHEREAS, it is important for cities to embrace policies that facilitate activities to promote healthier lifestyles, including healthy diet and nutrition as well as the adoption of city design and planning principles that enable citizens of all ages and abilities to easily access exercise options; and

WHEREAS, more than half of California's adults are overweight or obese and therefore at risk for many chronic conditions including diabetes, heart disease, cancer, arthritis, stroke, and hypertension; and

WHEREAS, one in four youth between the ages of 9 and 16 in California is overweight therefore facing greater risks of developing type 2 diabetes, high blood pressure, and asthma; and

WHEREAS, the current generation of children are expected to have shorter lives than their parents due to consequences of obesity; and

WHEREAS, obesity takes a tremendous toll on the health and productivity of all Californians; and

WHEREAS, the annual cost to California in medical bills, workers compensation and lost productivity for overweight, obesity, and physical inactivity exceeds \$41 billion; and

WHEREAS, the quality of the built environment, including neighborhood safety, sidewalks, streets, public transportation, restaurant and convenience store density, access to parks, trails, and grocery stores has a significant impact on obesity rates; and

WHEREAS, while individual lifestyle changes are necessary, individual effort alone is insufficient to combat obesity's rising tide; and

WHEREAS, significant societal and environmental changes are needed to support individual efforts to make healthier choices; and

WHEREAS, in 2007, the City Council of the City of Ontario adopted a new long-term community Vision which embraced a complete, prosperous community and included guiding principles for community health, education and well being; and

WHEREAS, in 2007, with support from San Bernardino Healthy Community Partnership, the Healthy Ontario Initiative was created in partnership with Loma Linda University Partners for Better Health, the City of Ontario, school districts, healthcare providers and other community health partners to effectively coordinate and leverage resources and services to improve community health; and

WHEREAS, in 2010, the City Council of the City of Ontario adopted a new business plan for the city called The Ontario Plan; of which, the goals and policies that were adopted guide the City's efforts to become a complete, sustainable community, including efforts to improve overall public health; and

WHEREAS, in 2012, the City Council of the City of Ontario adopted the City Council Goals, one of which is to "Encourage, Provide or Support Enhanced Recreational, Educational, Cultural and Healthy City Programs, Policies and Activities"; and

WHEREAS, the priorities of the Healthy Eating, Active Living Campaign (HEAL) are consistent with City Council goals, the goals and objectives of the Healthy Ontario Initiative and The Ontario Plan (TOP).

NOW, THEREFORE, IT IS HEREBY FOUND, DETERMINED, AND RESOLVED by the City Council of the City of Ontario, as follows:

SECTION 1. The City council hereby recognizes that obesity is a serious threat to the health and wellbeing of adults, children and families in the City of Ontario. While individual lifestyle changes are necessary, individual effort alone is not sufficient to combat obesity. Significant societal and environmental changes are needed to support individual efforts to make healthier choices. To that end, the City Council of the City of Ontario adopts this Healthy Eating, Active Living resolution in support of the League of California Cities Healthy Eating, Active Living campaign and continues to be committed to strengthening Ontario's community health by:

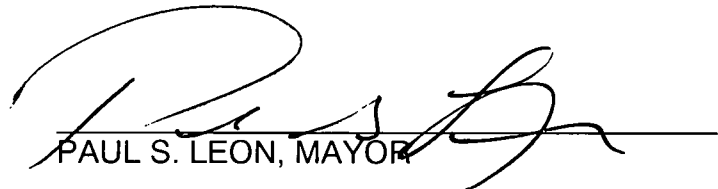
- A. Providing a system of trails and corridors that facilitate and encourage bicycling and walking.
- B. Providing Ontario residents access to information, services and goods that improve their health and well being.
- C. Continuing to develop and maintain our environmental infrastructure to ensure community prosperity.

- D. Continuing to promote community engagement, economic investment and quality design in our neighborhoods, parks and recreation facilities.
- E. Promoting healthy food options in the community, including the development of community gardens and farmers markets.

SECTION 2. The documents and materials that constitute the record of proceedings on which these findings have been based are located at the City of Ontario City Hall, 303 East "B" Street, Ontario, California 91764. The custodian for these records is the City Clerk of the City of Ontario.

The City Clerk of the City of Ontario shall certify as to the adoption of this Resolution.

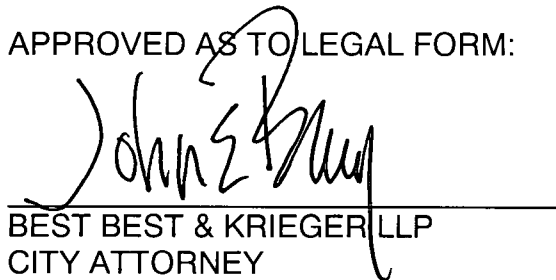
PASSED, APPROVED, AND ADOPTED this 17<sup>th</sup> day of July 2012.

  
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PAUL S. LEON, MAYOR

ATTEST:

  
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MARY E. WIRTES, MMC, CITY CLERK

APPROVED AS TO LEGAL FORM:

  
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BEST BEST & KRIEGER LLP  
CITY ATTORNEY

STATE OF CALIFORNIA )  
COUNTY OF SAN BERNARDINO )  
CITY OF ONTARIO )

I, MARY E. WIRTES, City Clerk of the City of Ontario, DO HEREBY CERTIFY that foregoing Resolution No. 2012-057 was duly passed and adopted by the City Council of the City of Ontario at their regular meeting held July 17, 2012 by the following roll call vote, to wit:

AYES: MAYOR/COUNCIL MEMBERS: LEON, MAUTZ, WAPNER, BOWMAN AND DORST-PORADA  
NOES: COUNCIL MEMBERS: NONE  
ABSENT: COUNCIL MEMBERS: NONE

  
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MARY E. WIRTES, MMC, CITY CLERK

(SEAL)

The foregoing is the original of Resolution No. 2012-057 duly passed and adopted by the Ontario City Council at their regular meeting held July 17, 2012.

  
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MARY E. WIRTES, MMC, CITY CLERK

(SEAL)