

RESOLUTION NO. 94-2012

SUPPORTING THE HEALTHY EATING ACTIVE LIVING (HEAL) CITIES CAMPAIGN TO SUPPORT PHYSICAL ACTIVITY AND NUTRITION

WHEREAS, in 2004, the League of California Cities adopted an Annual Conference resolution to encourage cities to embrace policies that facilitate activities to promote healthier lifestyles and communities, including healthy diet and nutrition and adoption of city design and planning principles that enable citizens of all ages and abilities to undertake exercise; and

WHEREAS, the League of California Cities has a strategic goal to promote and develop safe and healthy cities; and

WHEREAS, on November 18, 2011, the League of California Cities Board of Directors unanimously voted to encourage 100% board participation in the Healthy Eating Active Living (HEAL) Cities Campaign; and

WHEREAS, more than half of California's adults are overweight or obese and therefore at risk for many chronic conditions including diabetes, heart disease, cancer, arthritis, stroke, and, hypertension; and

WHEREAS, one in four youth between the ages of 9 and 16 in California is overweight and more than one in ten youth between the ages of 9 and 16 in Danville are overweight; and

WHEREAS, more children are being diagnosed with diseases linked to overweight and obesity previously seen only in adults, such as Type 2 diabetes and heart disease; and

WHEREAS, the current generation of children are expected to have shorter lives than their parents due to the consequences of obesity; and

WHEREAS, obesity takes a tremendous toll on the health, productivity of all Californians;

WHEREAS, the annual cost to California – in medical bills, workers compensation and lost productivity – for overweight, obesity, and physical inactivity exceeds \$41 billion;

WHEREAS, teens and adults who consume one or more sodas or sugar sweetened beverages per day are more likely to be overweight or obese;

WHEREAS, by supporting the health of residents and the local workforce would decrease chronic disease and health care costs and increase productivity; now, therefore, be it

RESOLVED, that the Danville Town Council recognizes that obesity is a serious threat to the health and well-being of adults, children and families. While individual lifestyle changes are necessary, individual effort alone is insufficient to combat obesity's rising tide. Significant societal and environmental changes are needed to support individual efforts to make healthier choices; and further be it

RESOLVED, that the Town should make every effort to undertake capital improvements that increase the opportunities for physical activity and construct an environment that encourages walking, biking or other forms of physical activity; addresses walking and biking connectivity between residential neighborhoods and schools, parks, recreational resources, and retail; and further be it

RESOLVED, that the Town pledges to continue its employee wellness efforts that promotes and provides health incentives for healthy eating and physical activity; and further be it

RESOLVED, that the Town's Activity Guide and recreational programs continue to promote wellness and active living for Danville residents of all ages.

APPROVED by the Danville Town Council at a regular meeting on July 3, 2012 by the following vote:

AYES:	Arnerich, Doyle, Stepper, Storer
NOES:	None
ABSTAINED:	None
ABSENT:	None



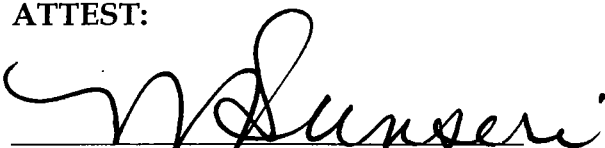
MAYOR

APPROVED AS TO FORM:



CITY ATTORNEY

ATTEST:



CITY CLERK