



IN THE CITY COUNCIL
OF THE CITY OF OAKDALE
STATE OF CALIFORNIA
CITY COUNCIL RESOLUTION 2012-60

RESOLUTION OF THE CITY OF OAKDALE CITY COUNCIL
SUPPORTING THE HEALTHY CITIES ACTIVE LIVING (HEAL) CAMPAIGN
AND COMMITMENT TO OBESITY PREVENTION

THE CITY OF OAKDALE CITY COUNCIL DOES HEREBY RESOLVE THAT:

WHEREAS, in 2004, the League of California Cities adopted an Annual Conference Resolution to encourage cities to embrace policies that facilitate activities to promote healthier lifestyles and communities, including healthy diet and nutrition and adoption of city design and planning principles that enable citizens of all ages and abilities to undertake exercise; and

WHEREAS, the League of California Cities has a strategic goal to promote and develop safe and healthy cities; and

WHEREAS, in July 2010, the League of California Cities Board of Directors resolved to partner with the national Let's Move Campaign, and encourages California cities to adopt preventative measures to fight obesity; and

WHEREAS, on November 18, 2011 the League of California Cities Board of Directors unanimously voted to encourage 100% board participation in the HEAL Cities Campaign; and

WHEREAS, more than half of California's adults are overweight or obese and therefore at risk for many chronic conditions including diabetes, heart disease, cancer, arthritis, stroke, and hypertension; and

WHEREAS, more children are being diagnosed with diseases linked to overweight and obesity previously seen only in adults, such as Type 2 diabetes and heart disease; and

WHEREAS, the current generation of children are expected to have shorter lives than their parents due to the consequences of obesity; and

WHEREAS, obesity takes a tremendous toll on the health and productivity of all Californians; and

WHEREAS, the annual cost to California in medical bills, workers compensation, and lost productivity for overweight, obesity, and physical inactivity exceeds \$41 billion; and

WHEREAS, teens and adults who consume one or more sodas or sugar sweetened beverages per day are more likely to be overweight or obese; and

WHEREAS, local land use policy governs development of the built environment in which individuals can make physical activity choices; and

WHEREAS, by supporting the health of residents and the local workforce would decrease chronic disease and health care costs and increase productivity; and



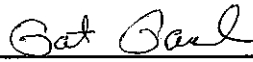
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WHEREAS, the 2015 Oakdale General Plan's update currently in process contains elements that support the HEAL Campaign and commitment to obesity prevention efforts.

NOW, THEREFORE, BE IT RESOLVED that the **OAKDALE CITY COUNCIL** hereby recognizes that obesity is a serious public health threat to the health and wellbeing of adults, children, and families. While individual lifestyle changes are necessary, significant societal and environmental changes are necessary to support individual efforts to make healthier choices. To that end, the City of Oakdale adopts this resolution in support of the Healthy Cities Active Living (HEAL) Campaign.

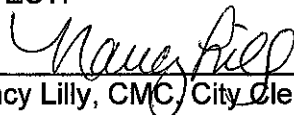
THE FOREGOING RESOLUTION IS HEREBY ADOPTED THIS 7th DAY OF MAY, 2012, by the following vote:

AYES:	COUNCIL MEMBERS:	Brennan, Dunlop, Morgan, Paul
NOES:	COUNCIL MEMBERS:	None
ABSENT:	COUNCIL MEMBERS:	None
ABSTAINED:	COUNCIL MEMBERS:	None



Pat Paul, Mayor

ATTEST:



Nancy Lilly, CMC, City Clerk