

**MODESTO CITY COUNCIL
RESOLUTION NO. 2012-68**

**RESOLUTION APPROVING THAT THE CITY OF MODESTO WILL
PARTICIPATE IN THE HEALTHY EATING ACTIVE LIVING (HEAL) CITIES
CAMPAIGN**

WHEREAS, in 2004, the League of California Cities adopted an Annual Conference resolution to encourage cities to embrace policies that facilitate activities to promote healthier lifestyles and communities, including healthy diet and nutrition and adoption of city design and planning principles that enable citizens of all ages and abilities to undertake exercise; and

WHEREAS, the League of California Cities has a strategic goal to promote and develop safe and healthy cities, and

WHEREAS, the Healthy Eating Active Living (HEAL) Cities Campaign is a partnership between the League of California Cities and the California Center for Public Health Advocacy, and,

WHEREAS, these agencies work with California cities to adopt policies that will improve the physical activity and healthier food opportunities for residents, and

WHEREAS, obesity takes a tremendous toll on all Californians, in medical bills, workers compensation and lost productivity, costing in excess of \$41.2 billion a year; and

WHEREAS, the City of Modesto commits to do all it can to decrease the rate of obesity in our community and is committed to implementing the necessary policies to create healthier work, school, and neighborhood environments conducive to promoting healthier eating and increased physical activity among residents; now, therefore,

BE IT RESOLVED by the Council of the City of Modesto, as follows:

1. The City of Modesto City Council recognizes obesity is a serious health threat to the health and well-being of adults, children, and families in Stanislaus County. The City Council supports City participation in the Healthy Eating Active Living (HEAL) Cities Campaign that includes statewide, regional and local programs that highlight opportunities to invest in our citizen's health and wellness.
2. The City of Modesto has existing policies and programs that promote active, healthy living, including:
 - Safe Routes to School Program which promotes safe pedestrian access to schools;
 - Parks & Recreation Master Plan that identifies park and recreation services policies and infrastructure needs;
 - The City-wide Non-Motorized Transportation Plan that identifies existing and planned cycling facilities;
3. The City Council directs Staff and Commissions to continue to identify opportunities to encourage healthy choices that may include recommending healthful goals and policies.
4. The City supports General Plan updates that support health and wellness choices such as:
 - walkable neighborhoods throughout the City;
 - safe access to City parks, playgrounds, and recreation amenities;
 - connectivity between redevelopment areas, residential neighborhoods,
 - improvements to the City Transit Plan
5. The City encourages healthy choices that may include:
 - expanding community access to indoor and outdoor public facilities through joint use agreements with schools and/or other partners;
 - addition of a criterion in the Capital Improvement Program ranking system to give consideration for projects that promote opportunities for physical activity;
 - promoting use of City facilities to educate and offer resources to residents on healthy living choices;

- providing healthier options of food, beverages, and snacks authorized for sale in vending machines at all City facilities;

NOW, THEREFORE BE IT RESOLVED, by the Council of the City of Modesto that it hereby approves the City of Modesto's participation in the Healthy Eating Active Living (HEAL) Cities Campaign.


The foregoing resolution was introduced at a regular meeting of the Council of the City of Modesto held on the 28th day of February, 2012, by Councilmember Lopez, who moved its adoption, which motion being duly seconded by Councilmember Burnside, was upon roll call carried and the resolution adopted by the following vote:

AYES: Councilmembers: Burnside, Cogdill, Geer, Gunderson, Lopez, Muratore, Mayor Marsh

NOES: Councilmembers: None

ABSENT: Councilmembers: None

ATTEST:


STEPHANIE LOPEZ, City Clerk

(SEAL)

APPROVED AS TO FORM:

By:



SUSANA ALCALA WOOD, City Attorney