

## RESOLUTION 11-108

### A RESOLUTION OF THE CITY OF CLOVIS APPROVING THE CITY OF CLOVIS' COMMITMENT TO THE HEALTHY EATING ACTIVE LIVING (HEAL) CAMPAIGN

THE CITY COUNCIL OF THE CITY OF CLOVIS RESOLVES AS FOLLOWS:

WHEREAS, in 2004, the League of California Cities adopted an Annual Conference resolution to encourage cities to embrace policies that facilitate activities to promote healthier lifestyles and communities, including healthy diet and nutrition and adoption of city design and planning principles that enable citizens of all ages and abilities to undertake exercise; and

WHEREAS, the League of California Cities has a strategic goal to promote and develop safe and healthy cities; and

WHEREAS, in July 2010 the League of California Board of Directors resolved to partner with and support the national *Let's Move Campaign*, and encourages California cities to adopt preventative measures to fight obesity; and

WHEREAS, one in four youth between the ages of 9 and 16 in California are overweight, and 22.6% of Clovis youth are overweight; and

WHEREAS, more children are being diagnosed with diseases linked to overweight and obesity previously seen only in adults, such as Type 2 diabetes and heart disease; and

WHEREAS, the current generation of children are expected to have shorter lives than their parents due to the consequences of obesity; and

WHEREAS, more than half of California's adults are overweight or obese and therefore at risk for many chronic conditions including diabetes, heart disease, cancer, arthritis, stroke, and, hypertension; and

WHEREAS, obesity takes a tremendous toll on the health, productivity of all Californians; and

WHEREAS, the annual cost to California—in medical bills, workers compensation and lost productivity—for overweight, obesity, and physical inactivity exceeds \$41 billion.

NOW, THEREFORE BE IT RESOLVED that City Council of the City of Clovis hereby recognize that obesity is a serious public health threat to the health and well being of adults, children and families in Clovis. While individual lifestyle changes are necessary, individual effort alone is insufficient to combat obesity's rising tide. Significant societal and environmental changes are needed to support individual efforts to make healthier choices. To that end, Clovis adopts this Healthy Eating Active Living resolution.

BE IT FURTHER RESOLVED that City of Clovis should make every effort to:

- Prioritize capital improvements projects to increase the opportunities for physical activity in existing areas;
- Plan and construct a built environment that encourages walking, biking and other forms of physical activity;
- Address walking and biking connectivity between residential neighborhoods and schools, parks, recreational resources, and retail;
- Revise comprehensive plans and zoning ordinances to increase opportunities for physical activity and access to health foods wherever and whenever possible, including compact, mixed-use and transit-oriented development;
- Provide recreational opportunities to Clovis residents through the use of Clovis parks, trails, bike lanes, recreational facilities and community events;
- Provide healthy options in vending machines located on City of Clovis property;
- Encourage healthy food choices through the support of farmer's markets;

BE IT FUTHER RESOLVED that in order to promote wellness within the City of Clovis and to set an example for other businesses, Clovis will continue to support employee health and wellness through:

- Provide on-site exercise facilities and bike lockers or safe storage locations;
- Promote health and wellness through an annual Health and Wellness Fair for employees and their families;
- Promote the use of public transit and other alternatives to driving to work in order to reduce air pollution;
- Accommodate breastfeeding employees upon their return to work;

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The foregoing resolution was introduced and adopted at a regular meeting of the City Council of the City of Clovis held on the 19<sup>th</sup> day of September 2011, by the following vote, to wit:

AYES: Councilmembers Armstrong, Ashbeck, Magsig, Whalen, Mayor Flores

NOES: None

ABSENT: None

ABSTAIN: None

DATED: September 19, 2011

  
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Mayor

  
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City Clerk

