

RESOLUTION NO. CC-1108-059

**A RESOLUTION OF THE CITY COUNCIL
OF THE CITY OF LAWNSDALE, CALIFORNIA
CONFIRMING THE CITY AS A HEALTHY EATING, ACTIVE LIVING CITY**

WHEREAS, in 2004, the League of California Cities adopted an annual conference resolution to encourage cities to embrace policies that facilitate activities to promote healthier lifestyles and communities, including healthy diet and nutrition and adoption of city design and planning principles that enable citizens of all ages and abilities to undertake exercise; and

WHEREAS, the League of California Cities has a strategic goal to promote and develop safe and healthy cities; and

WHEREAS, more than half of California's adults are overweight or obese and therefore at risk for many chronic conditions including diabetes, heart disease, cancer, arthritis, stroke and hypertension; and

WHEREAS, the prevalence of childhood obesity for students in the 5th, 7th and 9th grades attending public schools in Lawndale is approximately 22.9%; and

WHEREAS, more children are being diagnosed with diseases linked to being overweight and obesity, which diseases were previously seen only in adults, such as type 2 diabetes and heart disease; and

WHEREAS, the current generation of children is expected to have shorter lives than their parents due to the consequences of obesity; and

WHEREAS, teens and adults who consume one or more sodas or sugar sweetened beverages per day are more likely to be overweight or obese; and

WHEREAS, the City Council of the City of Lawndale hereby recognizes that obesity is a serious public health threat to the health and wellbeing of adults, children and families in Lawndale; and

WHEREAS, by supporting the health of residents, chronic disease and health care costs would decrease; and

WHEREAS, local land use policy governs development of the environment in which individuals make personal nutrition and physical activity choices; and

WHEREAS, the City of Lawndale is dedicated to reducing the rate of obesity in the city by implementing and promoting programs and policies that create healthier work and neighborhood environments conducive to healthier eating and increased physical activity among residents; and

WHEREAS, the City has an active farmer's market and community garden program; and

WHEREAS, the City Council has included fitness zones with outdoor exercise equipment in Charles B. Hopper Park and approved the renovation and expansion design for Hogan Park; and

WHEREAS, the City Council has included a fitness zone and a perimeter walking path in the design of the Larch Avenue Park site; and

WHEREAS, the City has been actively involved in the promotion of the South Bay Bicycle Master Plan.

NOW, THEREFORE, THE CITY COUNCIL OF THE CITY OF LAWDALE, CALIFORNIA, DOES HEREBY RESOLVE AS FOLLOWS:

SECTION 1. That the City of Lawndale will become a Healthy Eating, Active Living (HEAL) City.

SECTION 2. That the City's staff, including planners, engineers, community services department, and community economic and redevelopment personnel, who are responsible for the design and construction of parks and the development of neighborhoods, streets and business areas, are directed to make every effort to plan and construct an environment that encourages walking, biking, and other forms of physical activity.

SECTION 3. That the City's staff shall promote employee wellness programs and set nutrition standards for food offered at city events, city meetings, and served at city concessions and in connection with city programs.

SECTION 4. This resolution shall become effective immediately upon adoption.

PASSED, APPROVED AND ADOPTED this 1st day of August, 2011.

Harold E. Hofmann, Mayor

ATTEST:

State of California)
County of Los Angeles) SS
City of Lawndale)

I, Paula Hartwill, City Clerk of the City of Lawndale, California, do hereby certify that the City Council of the City of Lawndale duly approved and adopted the foregoing Resolution No.

CC-1108-059 at a regular meeting of said Council held on the 1st day of August, 2011, by the following roll call vote:

Name	Voting		Present, Not Voting		Absent
	Aye	No	Abstain	Not Participating	
Harold E. Hofmann, Mayor	X				
James H. Osborne, Mayor Pro Tem	X				
Larry Rudolph	X				
Robert Pullen-Miles	X				
Pat Kearney	X				

Paula Hartwill, City Clerk

APPROVED AS TO FORM:

Tiffany J. Israel, City Attorney