

**A RESOLUTION OF THE CITY COUNCIL OF THE CITY OF AMERICAN CANYON
AUTHORIZING PARTICIPATION IN THE HEALTHY EATING ACTIVE LIVING CITIES CAMPAIGN**

WHEREAS, in 2004, the League of California Cities adopted an Annual Conference Resolution to encourage cities to embrace policies that facilitate activities to promote healthier lifestyles and communities, including healthy diet and nutrition and adoption of city design and planning principles that enable citizens of all ages and abilities to undertake exercise; and

WHEREAS, the League of California Cities has a strategic goal to promote and develop safe and healthy cities; and

WHEREAS, a study done in September 2010 showed Napa County to be the most obese County in the Bay Area and one of the worst in the state, with an obesity rate of 28.1%; and

WHEREAS, this obesity rate puts Napa County adults and children at risk for many chronic conditions including diabetes, heart disease, cancer, arthritis, stroke, and hypertension; and

WHEREAS, more children are being diagnosed with diseases linked to overweight and obesity previously seen only in adults, such as Type 2 diabetes and heart disease; and

WHEREAS, the current generation of children are expected to have shorter lives than their parents due to the consequences of obesity; and

WHEREAS, the annual cost to California – in medical bills, workers compensation and lost productivity – for overweight, obesity and physical inactivity exceeds \$41 billion; and

WHEREAS, the City of American Canyon promotes healthier lifestyles and healthier communities advocated through the HEAL Campaign by providing City parks, trails and open space, General Plan land use goals, and policies to foster active living.

NOW, THEREFORE, BE IT RESOLVED, the City Council of the City of American Canyon hereby authorizes participation in the Healthy Eating Active Living Cities Campaign.

PASSED, APPROVED AND ADOPTED at a regular meeting of the City Council of the City of American Canyon on the 19th day of July 2011 by the following vote:

MAYOR GARCIA:	<u>yes</u>
VICE MAYOR BENNETT:	<u>yes</u>
COUNCIL MEMBER BENNETT:	<u>yes</u>
COUNCIL MEMBER COFFEY:	<u>yes</u>
COUNCIL MEMBER JOSEPH:	<u>yes</u>

Leon Garcia
Leon Garcia, Mayor

ATTEST:
Rebekah Barr
Rebekah Barr, MMC, City Clerk

APPROVED AS TO FORM:
William D. Ross
William D. Ross, City Attorney