

RESOLUTION NO. CC-1105-463

A RESOLUTION OF THE CITY COUNCIL OF THE CITY OF REDONDO BEACH, CALIFORNIA, EXPRESSING ITS DESIRE TO BECOME A HEALTHY EATING ACTIVE LIVING (HEAL) CITY

WHEREAS, in 2004, the League of California Cities adopted an Annual Conference resolution to encourage cities to embrace policies that facilitate activities to promote healthier lifestyles and communities, including healthy diet and nutrition and adoption of city design and planning principles that enable citizens of all ages and abilities to undertake exercise; and

WHEREAS, the League of California Cities has a strategic goal to promote and develop safe and healthy cities; and

WHEREAS, more children are being diagnosed with diseases linked to overweight and obesity previously seen only in adults, such as Type 2 diabetes and heart disease; and

WHEREAS, the current generation of children are expected to have shorter lives than their parents due to the consequences of obesity; and

WHEREAS, the Redondo Beach City Council, through its partnership with Vitality City, has adopted the concept of using "blue zone" principles to improve a community's health; and

WHEREAS, the Healthy Eating Active Living (HEAL) Campaign is a partnership composed of the League of California Cities, California Center for Public Health Advocacy, and the Cities, Counties and Schools Partnership with the purpose to provide training, publicity and technical assistance to city officials to adopt policies to improve their community's physical activity and food environments.

WHEREAS, the City of Redondo Beach, through its partnership with Vitality City, park resources, trails, bike pathways, open spaces, community building facilities, and access to healthy foods, has the unique ability to positively affect the health of the Redondo Beach community now and in the future.

NOW, THEREFORE, THE CITY COUNCIL OF THE CITY OF REDONDO BEACH, CALIFORNIA, DOES HERBY RESOLVE AS FOLLOWS:

SECTION 1. That the City herby expresses its strong support for the Healthy Eating Active Living Campaign and understands that obesity is a serious public health threat to the health and wellbeing of adults, children, and families in the City of Redondo Beach. While individual lifestyle changes are necessary, individual effort alone is insufficient to combat obesity's rising tide. Significant societal and environmental changes are needed to support individual efforts to make healthier choices.

SECTION 2. That the City Clerk shall certify to the passage and adoption of this resolution and shall enter the same in the Book of Original Resolutions.

PASSED, APPROVED AND ADOPTED this 3RD day of May, 2011.

Mike Gin, Mayor

ATTEST:

STATE OF CALIFORNIA)
COUNTY OF LOS ANGELES) SS
CITY OF REDONDO BEACH)

I, Eleanor Manzano, City Clerk of the City of Redondo Beach, California, do hereby certify that the foregoing Resolution No. CC-1105-463 was duly passed, approved and adopted by the City Council of the City of Redondo Beach, California, at a regular meeting of said City Council held on the 3rd day of May, 2011, by the following vote:

AYES:

NOES:

ABSENT:

ABSTAIN:

Eleanor Manzano, City Clerk

APPROVED AS TO FORM:

Michael W. Webb, City Attorney