

RESOLUTION NO. 2011-003

A RESOLUTION OF THE CITY COUNCIL OF THE
CITY OF SANTA ANA DIRECTING THE CITY
MANAGER TO ADOPT A POLICY ON HEALTHY
EATING AND ACTIVE LIVING

BE IT RESOLVED BY THE CITY COUNCIL OF THE CITY OF SANTA ANA AS FOLLOWS:

Section 1. The City Council of the City of Santa Ana hereby finds, determines and declares as follows:

- A. The residents of Santa Ana face many challenging health issues including a high rate of obesity, which directly relates to food choices and sedentary lifestyles.
- B. In a 2004 study, the California Department of Education found 34.8 percent of Santa Ana youth in the 5th, 7th and 9th grades are overweight or obese.
- C. The City of Santa Ana is committed to addressing obesity and diabetes-related illness among Santa Ana residents by improving food and physical activity environments.
- D. The annual cost to California in medical bills, workers compensation and lost productivity due to individuals who are overweight, obese, and physically inactive exceeds \$41 billion.
- E. Supporting the health of residents and the local workforce through prevention policies and programs would decrease chronic disease and health care costs and increase productivity.
- F. In an effort to fight obesity, improve health outcomes and encourage fitness among youth in Santa Ana, the City has created or joined with several organizations determined to provide healthy food and activity choices for the residents of Santa Ana, including:
 - 1) The Healthy Cities Initiative committee comprised of representatives from non-profits and community organizations directed to pursue healthy alternatives for children and adults. Their focus is on healthy choices at

schools, physical activity, and accessible and affordable foods; and

- 2) Active Living in Santa Ana (ALISA), a coalition of organizations dedicated to increasing opportunities for Santa Ana residents to be more physically active to stay fit and combat Type II Diabetes and Obesity ; and
- 3) Healthy Eating, Active Communities (HEAC), a program sponsored by The California Endowment that demonstrates how communities can reshape the food and physical activity environment to improve children's health; and
- 4) Safe and Active Living United District (SALUD), a health and wellness program started by the City in collaboration with neighborhood associations; and
- 5) Building Healthy Communities Initiative focused on central Santa Ana; and
- 6) The Healthy Cities Committee, established with participation from Santa Ana residents, which has conducted a survey to identify priority health issues.

Section 2. The City Council of the City of Santa Ana hereby adopts this Healthy Eating Active Living Resolution and declares itself a Healthy Eating Active Living City:

I. Built Environment. City Agencies responsible for the design, construction and safety of parks, neighborhoods, streets, and business areas, shall make every effort to plan and construct a safe built environment that encourages walking, biking and other forms of physical activity, including;

- 1) Address walking and biking connectivity between residential neighborhoods and schools, parks, recreational resources, and retail by developing a bicycle and pedestrian master plan;
- 2) Assess community needs for increased open space and continue to increase the number of parks in the City, with an emphasis on park poor neighborhoods;
- 3) Continue its successful joint use agreements and explore expanded possibilities with a range of public entities;

- 4) Establish a no-smoking ordinance to encompass city parks;
- 5) Implement the recently adopted Transit Code which supports health through its emphasis on walking and biking and reduced vehicle emissions.

II. Healthy Food Access. The City Council of the City of Santa Ana encourages the adoption of activities which provide increased access to healthy food choices for its residents, including:

- 1) Identification of alternatives to improve healthy food options in the community, including the development of community and urban gardens, farmers markets and produce stands; and
- 2) Recognition for businesses and non-profit organizations that promote a healthy lifestyle; and
- 3) Provide healthy food options at city meetings, city concession stands and city sponsored events to promote healthy eating and active living wherever possible.

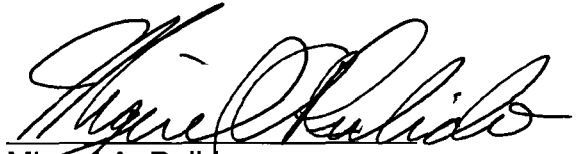
III. Youth. The City of Santa Ana will encourage the participation of its youth in healthy activities by taking the following actions:

- 1) Identifying crime and injury hot spots and developing prevention initiatives; and
- 2) Promote physical fitness fundamentals through various City sponsored programs such as PAAL and the Library Youth Health Ambassadors, and through programming offered at city parks, joint-use parks, trails and recreation centers.

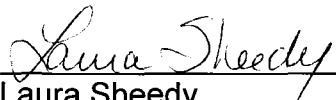
IV. Implementation. The head of each affected agency or department shall report back to the City Council and to the Healthy Cities Committee within twelve months regarding steps taken to implement the Resolution, additional steps planned, and any desired actions by the City Council.

Section 3. This Resolution shall take effect immediately upon its adoption by the City Council, and the Clerk of the Council shall attest to and certify the vote adopting this Resolution. To the extent permitted by law, this Resolution, and the City Manager's policy, shall apply to existing City vending machine contracts.

ADOPTED this 7th day of February 2011.


Miguel A. Pulido
Mayor

APPROVED AS TO FORM:
Joseph Straka, Interim City Attorney

By: 
Laura Sheedy
Assistant City Attorney

AYES: Councilmembers: Alvarez, Benavides, Bustamante, Martinez, Sarmiento, Tinajero, Pulido (7)

NOES: Councilmembers: None (0)

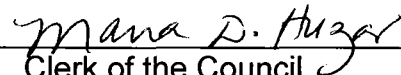
ABSTAIN: Councilmembers: None (0)

NOT PRESENT: Councilmembers: None (0)

CERTIFICATE OF ATTESTATION AND ORIGINALITY

I, MARIA D. HUIZAR, Clerk of the Council, do hereby attest to and certify the attached Resolution No. 2011-003 to be the original resolution adopted by the City Council of the City of Santa Ana on February 7, 2011.

Date: 2/16/2011


Clerk of the Council
City of Santa Ana