City Council Meeting: July 27, 2010

Santa Monica, California

RESOLUTION NUMBER 10516 (CCS)

(City Council Series)

A RESOLUTION OF THE CITY COUNCIL OF THE
CITY OF SANTA MONICA CONFIRMING THE CITY'S COMMITMENT TO
PROMOTING
HEALTHY EATING AND ACTIVE LIFESTYLES THROUGHOUT THE
COMMUNITY OF SANTA MONICA

WHEREAS, in 2006, the League of California Cities; the Cities, Counties and Schools Partnership; and the California Center for Public Health Advocacy launched the "Healthy Eating Active Living Cities Campaign" (Campaign); and

WHEREAS, the purpose of the Campaign is to encourage local governments to adopt and implement land use, capital improvement, and wellness policies that promote nutritious eating and active lifestyles in their communities; and

WHEREAS, the City has long been committed to these principles as evidenced by the Land Use and Circulation Element, Open Space Element, Community Forest Management Plan, Parks and Recreation Master Plan, the Santa Monica Sustainable City Plan, the Community Priority of Recreation and Active Living, as well as, our ongoing support of recreation programs, farmers' markets, community gardens and employee wellness programs; and

WHEREAS, the City desires to further demonstrate our commitment to these principles by adopting this resolution that acknowledges our current efforts and future plans to promote healthy lifestyles throughout the community of Santa Monica.

NOW, THEREFORE, THE CITY COUNCIL OF THE CITY OF SANTA MONICA

DOES RESOLVE AS FOLLOWS:

SECTION 1. Built Environment. The City will make every attempt to continue and expand our efforts to create a built environment that supports an active lifestyle for residents by:

- Promoting land use policies that create complete neighborhoods so residents can walk and bicycle to meet all their daily needs.
- Increasing the amount and distribution of parks, open spaces, and recreation facilities so that most residents are within walking distance of a park or recreation facility;
- Increasing community access to indoor and outdoor public facilities through joint use agreements with schools and other partners;
- Enhancing recreation facilities to provide a vast array of recreation programs to residents;
- Locating grocery stores, farmers' markets and community gardens across
  the community so that all residents have access to healthy food; and
- Avoiding a concentration of unhealthy food providers such as fast food

restaurants or liquor stores - within any one neighborhood or near school properties to the extent permitted by law.

SECTION 2. Healthy Food Access. The City will continue to make every effort to insure all residents have access to healthy food options by:

- Supporting and enhancing the four weekly farmers' markets that serve fresh, healthy and sustainable foods (85% of Santa Monica residents access food from these markets; 24% of market sales are to local restaurants and local produce companies);
- Supporting and enhancing the three community gardens with 117 plots for local gardeners;
- Supporting and enhancing the Garden Partnership Registry that pairs prospective gardeners with property owners willing to make yard space available for gardens;
- Supporting and enhancing composting by providing subsidized bins to residents so they can grow fruits and vegetables at home;
- Supporting and enhancing programs aimed at educating the community on the importance of healthy eating (e.g., sponsoring quarterly Library panel discussions on important diet/health issues, maintaining a collection of books and media at the Library intended to promote good diet and active living, holding healthy cooking classes using farmers' market produce, encouraging field trips for school age children to farmers' markets, initiating

- a farmers' market salad bar program at all local schools, sponsoring gardening and composting workshops, etc.).
- Implementing our Sustainable City Plan goal of "increasing consumption of fresh, locally produced, organic produce to promote public health and minimize resource consumption and negative environmental impacts" which includes:
  - Adopting the Cool Foods Pledge in October of 2008 that commits the
     City to buy organic, buy local, reduce meat and dairy consumption,
     reduce processed foods, and avoid excess packaging;
  - Encouraging the local school district, community college, and public to sign on to the Cool Foods Pledge;
  - Implementing the Healthy Foods Initiative (HFI) whereby food concession leases for City owned properties require the concessionaire to exercise best efforts to promote healthy and sustainable food practices; and
  - Building on the HFI and creating a Sustainable Food Policy for all Municipal operations that will ensure that food offered through City facility concessionaires, City programs (e.g., senior, youth programs), and City meetings and events is healthy and sustainable.

SECTION 3. Employee Wellness. The City will make every effort to encourage a healthy City workforce by:

- Continuing to provide all employees with access to the Employee
   Assistance Program free of charge;
- Continuing to provide financial incentives to employees that bike or walk to work through the Commuter Club;
- Continuing to support the Bike@Work Program that allows employees to use City-owned bikes for transportation to meetings and appointments.

SECTION 4. The City Clerk shall certify to the adoption of this Resolution, and thenceforth and thereafter the same shall be in full force and effect.

APPROVED AS TO FORM:

MARSHA JONES MOUTRIE

City Attorney

Adopted and approved this 27th day of July, 2010.

Bobby Shriver, Mayor

I, Maria M. Stewart, City Clerk of the City of Santa Monica, do hereby certify that the foregoing Resolution No. 10516 (CCS) was duly adopted at a meeting of the Santa Monica City Council held on the 27<sup>th</sup> day of July, 2010, by the following vote:

Ayes:

Councilmembers:

Davis, Holbrook, McKeown, O'Day

Mayor Shriver

Noes:

Councilmembers:

None

Abstain:

Councilmembers:

None

Absent:

Councilmembers: Bloom

Mayor Pro Tem O'Connor

ATTEST:

Maria M. Stewart, City Clerk