

RESOLUTION NO. 10-C27

**A RESOLUTION OF THE CITY COUNCIL OF THE CITY OF AZUSA
SETTING FORTH AZUSA'S COMMITMENT TO OBESITY PREVENTION**

WHEREAS, in 2004, the League of California Cities adopted an Annual Conference resolution to encourage cities to embrace policies that facilitate activities to promote healthier lifestyles and communities, including healthy diet and nutrition and adoption of city design and planning principles that enable citizens of all ages and abilities to undertake exercise; and

WHEREAS, the League of California Cities has a strategic goal to promote and develop safe and healthy cities; and

WHEREAS, more than half of California's adults are overweight or obese and therefore at risk for many chronic conditions including diabetes, heart disease, cancer, arthritis, stroke, and, hypertension; and

WHEREAS, one in four youth between the ages of 9 and 16 in California is overweight; and

WHEREAS, more children are being diagnosed with diseases linked to overweight and obesity previously seen only in adults, such as Type 2 diabetes and heart disease; and

WHEREAS, the current generation of children are expected to have shorter lives than their parents due to the consequences of obesity; and

WHEREAS, obesity takes a tremendous toll on the health, productivity of all Californians;

WHEREAS, the annual cost to California—in medical bills, workers compensation and lost productivity—for overweight, obesity, and physical inactivity exceeds \$41 billion;

WHEREAS, by supporting the health of residents and the local workforce would decrease chronic disease and health care costs and increase productivity;

NOW, THEREFORE, LET IT BE RESOLVED that the City Council hereby recognized that obesity is a serious public health threat to the health and wellbeing of adults, children and families in the City of Azusa. While individual lifestyle changes are necessary, individual effort alone is insufficient to combat obesity's rising tide. Significant societal and environmental changes are needed to support individual efforts to make healthier choices. To that end, the City of Azusa adopts this Healthy Eating Active Living resolution:

I. Built Environment

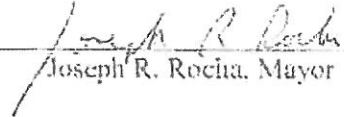
BE IT FURTHER RESOLVED that the City of Azusa planners, engineers, park and recreation department, community economic and redevelopment personnel responsible for the design and construction of parks, neighborhoods, streets, and business areas, should make every effort to:

- Plan and construct a built environment that encourages walking, biking and other forms of physical activity;
- Address walking and biking connectivity between residential neighborhoods and schools, parks, recreational resources, and retail;
- Facilitate the siting of new grocery stores, community gardens and farmers markets to increase access to healthy food, including fresh fruits and vegetables;
- Revise comprehensive plans and zoning ordinances to increase opportunities for physical activity and access to health foods wherever and whenever possible, including compact, mixed-use and transit-oriented development;
- Build incentives for development project proposals to demonstrate favorable impact on resident and employee physical activity and access to healthy foods.

BE IT FURTHER RESOLVED that the City of Azusa encourages food retailers doing business in the City of Azusa to prominently feature healthy check-out lanes free of high density foods;

BE IT FURTHER RESOLVED that restaurants and food retailers that promote healthy food choice in the above manners be recognized by the city and will be entitled to display a City of Azusa Healthy Eating Active Living logo.

PASSED, APPROVED and ADOPTED this 3rd day of May, 2010.



Joseph R. Rocha, Mayor

I HEREBY CERTIFY that the foregoing Resolution No. 10-C27 was duly adopted by the City Council of the City of Azusa at a regular meeting held on the 3rd day of May, 2010, by the following vote of the Council.

AYES: COUNCILMEMBERS: GONZALES, CARRILLO, ROCHA
NOES: COUNCILMEMBERS: NONE
ABSENT: COUNCILMEMBERS: MACIAS, HANKS
ABSTAIN: COUNCILMEMBERS: NONE



Vera Mendoza, City Clerk