

RESOLUTION NO.2010-28
A RESOLUTION OF THE CITY COUNCIL OF THE
CITY OF BRISBANE SETTING FORTH BRISBANE'S
COMMITMENT TO OBESITY PREVENTION

WHEREAS, in 2004 the League of California cities adopted an Annual Conference resolution to encourage cities to embrace policies that facilitate activities to promote healthier lifestyles and communities, including healthy diet and nutrition and adoption of city design and principles that enable citizens of all ages and abilities to undertake exercise; and

WHEREAS, the league of California cities has a strategic goal to promote and develop safe and healthy cities; and

WHEREAS, more than half of California's adults are overweight or obese and therefore at risk for many chronic conditions including diabetes, heart disease, cancer, arthritis, stroke and hypertension; and

WHEREAS, one in four youth between the ages of 9 and 16 in California is overweight; and

WHEREAS, more children are being diagnosed with diseases linked to overweight and obesity previously only seen in adult, such as Type 2 diabetes and heart disease; and

WHEREAS, the current generation of children are expected to have shorter lives than their parents due to the consequences of obesity; and

WHEREAS, obesity takes a tremendous toll on the health and productivity of all Californians; and

WHEREAS, the annual cost to California-in medical bills, workers compensation and lost productivity- got overweight, obesity, and physical inactivity exceeds \$41 billion; and


WHEREAS, California Senate Bill 375 and Assembly Bill 32 call on cities to adopt plans to reduce greenhouse emissions which include reducing vehicular miles traveled; and

WHEREAS, local land use policy governs development of the built environment in which individual make personal nutrition and physical activity choices; and

WHEREAS, by supporting the health of Brisbane residents and the local workforce would decrease chronic disease and health care costs and increase productivity;

NOW, THEREFORE, LET IT BE RESOLVED that the City council hereby recognizes that obesity is a serious public threat to the health and wellbeing of adults, children and families in Brisbane. While individual lifestyle changes are necessary, individual effort

alone is insufficient to combat obesity's rising tide. Significant societal changes are needed to support individual efforts to make healthier choices. To that end, Brisbane adopts Healthy Living Resolution.

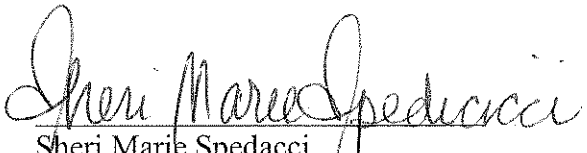

CYRIL G. BOLOGOFF
Mayor

I certify that the foregoing Resolution No. 2010-28 was duly and regularly adopted at a regular meeting of the Brisbane City Council on June 7, 2010 by the following vote:

AYES: Councilmembers Bologoff, Lentz, Richardson, and Waldo

NOES: None

ABSENT: Mayor Conway


Sheri Marie Spedacci
City Clerk